

Aikido Kobayashi Dojo Kyu Promotion Test Requirements

January 2024

7th Kyu	Minimum of 3 months of practice after starting Aikido		
Waza	Zenko, Koho-ukemi Funakogi-undo Taisabaki (Tenkan, Kaiten, Irimi) Uchikata (Shomen-uchi, Yokomen-uchi, Tsuki) Ikkyo-undo: Zengo, Shiho (Tachiwaza) Shikko (Mae) Aihanmi-katatedori Ikkyo, Shihonage Katatedori Ikkyo, Iriminage, Kokyunage		
6th Kyu	Minimum of 20 days of practice after being promoted to 7 th kyu		
Waza	Ikkyo-undo: Zengo, Shiho (Tachiwaza, Zagi) Shikko (Mae, Ushiro) Sotai-dosa (Irimi, Tenkan, Kaiten) Munadori Nikyo, Iriminage Katatedori Shihonage Ryotedori Tenchinage Shomen-uchi Ikkyo, Iriminage		
5th Kyu	Minimum of 30 days of practice after being promoted to 6 th kyu		
Weapons	Ken Suburi-no-bu (Tachiwaza)	Jo Tsuki-no-bu (basic stance)	
Waza	Shikko-kaiten Ikkyo-undo: Happo (Tachiwaza, Zagi) Sabaki-kata (Shomen-uchi, Tsuki) Shomen-uchi Nikyo, Kotegaeshi, Shihonage, Katatedori Kaitennage (Uchi-kaiten) Ryotedori Iriminage, Shihonage Zagi-kokyuhō		
4th Kyu	Minimum 40 days of practice after being promoted to 5 th kyu.		
Weapons	Ken Kirikaeshi-no-bu (Tachiwaza)	Jo Tsuki and Men-no-bu (basic stance)	
Waza	Shomen-uchi Sankyo, Yonkyo Yokomen-uchi Iriminage, Kotegaeshi Katate-ryotedori Iriminage, Kokyuhō, Kokyunage Munadori Sankyo, Yonkyo Zagi-shomen-uchi Ikkyo, Nikyo, Iriminage		
3rd Kyu	Minimum 50 days of practice after being promoted to 4 th kyu.		
Weapons	Ken Suburi and Kirikaeshi-no-bu (Tachiwaza, Zagi)	Jo Tsuki, Men and Katate-no-bu (basic stance)	
Waza	Tsuki Kotegaeshi, Yonkyo Ushiro-ryotedori Nikyo, Sankyo, Iriminage, Kokyunage Yokomen-uchi Shihonage, Kaitennage (Uchi-kaiten, Soto-kaiten) Hanmi-handachi-ryotedori Shihonage Zagi-shomen-uchi Kotegaeshi Zagi-katatedori Sankyo, Yonkyo		
2nd Kyu	Minimum 60 days of practice after being promoted to 3 rd kyu.		
Ken	Ashi-no-fumikae-no-bu (Tachiwaza), Tsuki-no-bu (Tachiwaza, Zagi)		
Jo	Tsuki, Men, Katate and Hasso-no-bu (basic stance)		
Tachi waza	Katate-ryotedori Iriminage (2 ways), Kotegaeshi Shomen-uchi Kaiten-osae (Uchi-kaiten, Soto-kaiten), Udegarami, Koshinage		
Hanmi Handachi	Katatedori Ikkyo~Yonkyo, Kaitennage (Uchi-kaiten, Soto-kaiten)		
Zagi	Yokomen-uchi Ikkyo~Yonkyo, Kotegaeshi, Iriminage		
Ushirowaza	Ushiro-ryotedori (with flow) Iriminage, Kotegaeshi Ushiro-katatedori-kubijime Sankyonage		
Jiyu waza	Shomen-uchi Katate-ryotedori Tsuki		
1st Kyu	Minimum 70 days of practice after being promoted to 2 nd kyu.		
Ken	Zengo-no-ido (moving forward and backward): Suburi, Kirikaeshi, Tsuki-no-bu (Tachiwaza)		
Jo	13-no-jo (Hidari-hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu (basic stance)		
Tachi waza	Shikko-kaiten (2 ways) Katadori-menuchi Ikkyo~Yonkyo, Iriminage Ryotedori Kotegaeshi (2 ways) Yokomen-uchi Kaiten-osae (Uchi-kaiten, Soto-kaiten), Udegarami, Ikkyo-gaeshi, Koshinage		
Hanmi Handachi	Shomen-uchi Ikkyo~Yonkyo, Iriminage		
Zagi	Tsuki Ikkyo~Yonkyo, Iriminage, Kotegaeshi		
Ushiro waza	Ushiro-ryotedori Shihonage, Jyujigaraminage Ushiro-ryohijidori Kotegaeshi, Ikkyo Ushiro-katatedori-kubijime Ikkyo, Nikyo, Iriminage		
Jiyu waza	Katate-ryotedori Yokomen-uchi Ushiro-ryotedori		

Jo-no-bu

Tsuki-no-bu	1. Choku-zuki 2. Kaeshi-zuki 3. Ushiro-zuki 4. Tsuki-gedan-gaeshi 5. Tsuki-jodan-gaeshi
Men-no-bu	1. Shomen-uchikomi 2. Renzoku-uchikomi 3. Menuchi-ushiro-zuki 4. Menuchi-gedan-gaeshi 5. Hidari-yokomen-ushiro-zuki
Katate-no-bu	1. Katate-gedan-gaeshi 2. Katate-toma-uchi 3. Katate-hachinoji-gaeshi
Hasso-no-bu	1. Hasso-gaeshi-uchi 2. Hasso-gaeshi-zuki 3. Hasso-gaeshi-ushiro-zuki 4. Hasso-gaeshi-ushiro-uchi 5. Hasso-gaeshi-ushiro-barai
Nagare-no-bu	1. Hidari-nagare-kaeshi-uchi 2. Migi-nagare-kaeshi-zuki

Ken-no-bu

Suburi-no-bu	1. Shikodachi 2. Hanmi (migi, hidari) 3. Zengo (migi, hidari) 4. Shiho (migi, hidari) 5. Happo (migi, hidari)
Kirikaeshi-no-bu	From 2 to 5 must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i>).
Ashi-no-fumikae-no-bu	1. Mae - suburi (migi, hidari), kirikaeshi (migi, hidari) 2. Ushiro - suburi (migi, hidari), kirikaeshi (migi, hidari)
Tsuki-no-bu (kihon, fumikomi)	1. Hanmi (migi, hidari) 2. Zengo (migi, hidari) 3. Shiho (migi, hidari) 4. Happo (migi, hidari) Above all must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i>).

Dan Promotion Test Requirements

January 2024

Shodan	Minimum of 5 months after being promoted to 1 st kyu and more than 80 days of practice, aged 16 or older
Ken	Ken-no-awase (7)
Jo	Jo-no-awase (8) 31-no-jo (Hidari hanmi)
Tachi waza	Katadori-men-uchi Ikkyo~Yonkyo (2 ways), Iriminage (2 ways), Kotegaeshi (2 ways), Shihonage (1 way) Tsuki (Chudan) Iriminage, Kotegeshi, Kaitennage (Uchi-kaiten, Soto-kaiten), Koshinage Ushiro-ryokatadori Iriminage, Aikiotoshi, Sankyo Ushiro-katatedori-kubijime Ikkyo~Yonkyo, Jyuji-garaminage, Udegarami
Hanmi-Handachi	Yokomen-uchi Ikkyo~Yonkyo, Kotegaeshi Katatedori Shihonage, Iriminage Ushiro-katatedori-kubijime Sankyonage
Zagi	Ryotedori Ikkyo~Yonkyo, Kotegaeshi, Iriminage Shomen-uchi Ikkyo~Yonkyo, Kotegaeshi, Iriminage Zagi-kokyuhō (3 ways)
Jiyu-waza	Katate-ryotedori Shomen-uchi Ushiro-ryotedori Tsuki
2nd Dan	Minimum of 2 years after being promoted to Shodan and more than 200 days of practice.
Ken	Kumi-tachi (5), Kimusubi-no-tachi (1)
Jo	Basic movements moving forward and backward (Hidari, Migi): Tsuki, Men, Katate-no-bu Kumi-jo (7), 22-no-jo (Hidari hanmi)
Renzoku-waza (sequential technique)	from Tsuki-Nikyo-ura to Kotegaeshi, Iriminage, Shihonage from Yokomen-uchi-Sankyo-ura to Jiyu (free) from Shomen-uchi-Ikkyo-gaeshi to Jiyu (free)
Tanto dori	Yokomen-uchi Shihonage, Gokyo Tsuki Kotegaeshi, Sankyo Shomen-uchi Iriminage, Koshinage
Kaeshi waza (reverse technique)	from Shomen-uchi-Ikkyo-omote to Iriminage, Kotegaeshi, Ikkyo from Gyakuhanmi-katatedori-Nikyo-ura to Iriminage, Nikkyo, Sankyo from Tsuki-Kotegaeshi to Iriminage, Shihonage, Kotegaeshi
Tachi waza	Ryokatadori Ikkyo~Yonkyo, Iriminage Ushiro-katatedori-kubijime Ikkyo~Yonkyo, Aikiotoshi, Kokyunage, Koshinage Tsuki (Jodan) Jiyu (free)
Hanmi-Handachi	Ushiro-ryokatadori Ikkyo~Yonkyo, Kokyunage, Kotegaeshi Yokomen-uchi Jiyu (free)
Zagi	Katadori Ikkyo~Yonkyo, Iriminage Tsuki Jiyu (free)
Futari dori	Kokyunage (2 ways) Nikyo
Futari gake	Jiyu (free style with 2 ukes)
3rd Dan	Minimum of 3 years after being promoted to 2 nd dan and more than 300 days of practice
Ken	Kumitachi-henka (Ken-no-ri), Shodan and 2 nd dan wazas
Jo	Basic movements moving forward and backward (Hidari, Migi): Tsuki, Men, Katate, Hasso, Nagare-no-bu 13-no-jo-no-awase, 31-no-jo-no-awase
Henka-oyou waza	Munadori (twisted grab) Nikyo, Iriminage, Ashidori Katate-ryotedori Kokyuhō (3ways: basic, elbow lifted-up, twisted grab) Hagaijime (full nelson) Iriminage
Kaeshi waza	from Shihonage (3 ways), from Sankyo-ura (3 ways) from Iriminage to Iriminage (2 ways), Sankyo, Kaitennage
Tanto dori	Tsuki (3 ways), Yokomen-uchi (3 ways), Shomen-uchi Kotegaeshi, Sankyo, Koshinage Katadori put on the front (2 ways), Ushiro-eridori put on the back (2 ways)
Tachi dori	Shomen-uchi (3 ways), Yokomen-uchi (3 ways), Tsuki (one way)
Jo dori	Tsuki (3 ways) Motasete (let opponent take jo) Jiyu (free)
Tachi waza	Katate-ryotedori Iriminage (3 ways), Shihonage (3 ways), Jiyu (free) Ushiro-ryohijidori Ikkyo~Yonkyo, Kotegaeshi, Iriminage, Aikiotoshi, Kokyunage Tsuki (Chudan) Sankyo (2 ways), Yonkyo (2 ways), Iriminage (2 ways), Jiyu (free) Ushiro-katatedori-kubijime Koshinage (2 ways)
Hanmi-Handachi	Shomen-uchi Jiyu (free) Katatedori Jiyu (free)
Zagi	Yokomen-uchi Jiyu (free) Tsuki (Chudan) Jiyu (free)
Futari dori	Shihonage, Yonkyo, Kokyunage
Sannin gake	Jiyu (free style with 3 ukes)
4th Dan	Minimum 4 years after being promoted to 3 rd Dan and more than 300 days of practice.
	All of 2 nd dan and 3 rd dan wazas
Ken	Kumitachi-henka (Tai-no-ri)
Jo	Shin-kumi-jo (10)
Yonin gake	Jiyu (free style with 4 ukes)
Essay (1) or (2)	(1) "How to teach Aikido to beginners" (2) "What have you got from your Aikido practice?"

Notes:

- (1) An examinee and his/her *uke* must prepare weapons to be used for the test by themselves.
- (2) An examinee must arrive to the test site 30 minutes before the starting time. If not, automatically fail the test.
- (3) Those who wish to take a test for *shodan* or above must declare his/her will to take a test to his/her instructor before applying to the test.
- (4) Those who take a test for 2nd dan or above must participate in a demonstration, a seminar, or a camp, prior to the test.
- (5) Those who failed a test for 2nd dan or above must wait one year before taking a test again