

Aikido Kobayashi Dojo Kyu Promotion Test Requirements

January 2020

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| 7th Kyu | Minimum of 3 months of practice after starting Aikido | | |
| Waza | Zenko, Koho-ukemi Funakogi-undo Taisabaki (Tenkan, Kaiten, Irimi) Uchikata (Shomen-uchi, Yokomen-uchi, Tsuki) Ikkyo-undo: Zengo, Shiho (Tachiwaza) Shikko (Mae) Aihanmi-katatedori Ikkyo, Shihonage Munadori Ikkyo, Iriminage Katatedori Kokyunage | | |
| 6th Kyu | Minimum of 20 days of practice after being promoted to 7 th kyu | | |
| Waza | Ikkyo-undo: Zengo, Shiho (Tachiwaza, Zagi) Shikko (Mae, Ushiro) Sotai-dosa (Irimi, Tenkan, Kaiten) Katatedori Nikyo, Iriminage, Shihonage Ryotedori Ikkyo, TENCHINAGE Shomen-uchi Ikkyo, Iriminage | | |
| 5th Kyu | Minimum of 30 days of practice after being promoted to 6 th kyu | | |
| Weapons | Ken Suburi-no-bu (Tachiwaza) | Jo Tsuki-no-bu (basic stance) | |
| Waza | Shikko-kaiten Ikkyo-undo: Happo (Tachiwaza, Zagi) Sabaki-kata (Shomen-uchi, Tsuki) Shomen-uchi Nikyo, Kotegaeshi, Shihonage, Katatedori Kaitennage (Uchi-kaiten) Ryotedori Iriminage, Shihonage Zagi-kokuyuho | | |
| 4th Kyu | Minimum 40 days of practice after being promoted to 5 th kyu. | | |
| Weapons | Ken Kirikaeshi-no-bu (Tachiwaza) | Jo Tsuki and Men-no-bu (basic stance) | |
| Waza | Shomen-uchi Sankyo, Yonkyo Yokomen-uchi Iriminage, Kotegaeshi Katate-ryotedori Iriminage, Kokuyuho Munadori Sankyo, Yonkyo Zagi-shomen-uchi Ikkyo, Nikyo, Iriminage | | |
| 3rd Kyu | Minimum 50 days of practice after being promoted to 4 th kyu. | | |
| Weapons | Ken Suburi and Kirikaeshi-no-bu (Tachiwaza, Zagi) | Jo Tsuki, Men and Katate-no-bu (basic stance) | |
| Waza | Tsuki Kotegaeshi, Yonkyo Ushiro-ryotedori Nikyo, Sankyo, Iriminage, Kokyunage Yokomen-uchi Shihonage, Kaitennage (Uchi-kaiten, Soto-kaiten) Hanmi-handachi-ryotedori Shihonage Zagi-shomen-uchi Kotegaeshi Zagi-katatedori Sankyo, Yonkyo | | |
| 2nd Kyu | Minimum 60 days of practice after being promoted to 3 rd kyu. | | |
| Ken | Ashi-no-fumikae-no-bu (Tachiwaza), Tsuki-no-bu (Tachiwaza, Zagi) | | |
| Jo | Tsuki, Men, Katate and Hasso-no-bu (basic stance) | | |
| Tachi waza | Katate-ryotedori Iriminage (2 ways), Kotegaeshi Katatedori Ikkyo (with Sabaki), Iriminage (with Sabaki) Shomen-uchi Koshinage | | |
| Hanmi Handachi | Katatedori Ikkyo~Yonkyo, Kaitennage (Uchi-kaiten, Soto-kaiten) | | |
| Zagi | Yokomen-uchi Ikkyo~Yonkyo, Kotegaeshi, Iriminage | | |
| Ushirowaza | Ushiro-ryotedori Ikkyo~Yonkyo, Kotegaeshi Ushiro-katatedori-kubijime Sankyonage | | |
| Jiyu waza | Shomen-uchi Katate-ryotedori Tsuki | | |
| 1st Kyu | Minimum 70 days of practice after being promoted to 2 nd kyu. | | |
| Ken | Zengo-no-ido (moving forward and backward): Suburi, Kirikaeshi, Tsuki-no-bu (Tachiwaza) | | |
| Jo | 13-no-jo (Hidari-hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu (basic stance) | | |
| | Shikko-kaiten (2 ways) | | |
| Tachi waza | Katadori-menuchi Ikkyo~Yonkyo, Iriminage Ryotedori Kotegaeshi (2 ways) Yokomen-uchi Kaiten-osae (Uchi-kaiten, Soto-kaiten), Udegarami, Ikkyo-gaeshi, Koshinage | | |
| Hanmi Handachi | Shomen-uchi Ikkyo~Yonkyo, Iriminage | | |
| Zagi | Tsuki Ikkyo~Yonkyo, Iriminage, Kotegaeshi | | |
| Ushiro waza | Ushiro-ryotedori Shihonage, Jyujigarami Ushiro-ryohijidori Kotegaeshi, Ikkyo Ushiro-katatedori-kubijime Ikkyo, Nikyo, Iriminage | | |
| Jiyu waza | Katate-ryotedori Yokomen-uchi Katatedori (with Sabaki) | | |

Jo-no-bu

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| Tsuki-no-bu | 1. Choku-zuki 2. Kaeshi-zuki 3. Ushiro-zuki 4. Tsuki-gedan-gaeshi 5. Tsuki-jodan-gaeshi |
| Men-no-bu | 1. Shomen-uchikomi 2. Renzoku-uchikomi 3. Menuchi-ushiro-zuki 4. Menuchi-gedan-gaeshi 5. Hidari-yokomen-ushiro-zuki |
| Katate-no-bu | 1. Katate-gedan-gaeshi 2. Katate-toma-uchi 3. Katate-hachinoji-gaeshi |
| Hasso-no-bu | 1. Hasso-gaeshi-uchi 2. Hasso-gaeshi-zuki 3. Hasso-gaeshi-ushiro-zuki 4. Hasso-gaeshi-ushiro-uchi 5. Hasso-gaeshi-ushiro-barai |
| Nagare-no-bu | 1. Hidari-nagare-kaeshi-uchi 2. Migi-nagare-kaeshi-zuki |

Ken-no-bu

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| Suburi-no-bu | 1. Shikodachi 2. Hanmi (migi, hidari) 3. Zengo (migi, hidari) 4. Shiho (migi, hidari) 5. Happo (migi, hidari) |
| Kirikaeshi-no-bu | From 2 to 5 must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i>). |
| Ashi-no-fumikae-no-bu | 1. Mae - suburi (migi, hidari), kirikaeshi (migi, hidari) 2. Ushiro - suburi (migi, hidari), kirikaeshi (migi, hidari) |
| Tsuki-no-bu (kihon, fumikomi) | 1. Hanmi (migi, hidari) 2. Zengo (migi, hidari) 3. Shiho (migi, hidari) 4. Happo (migi, hidari) Above all must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i>). |